

<p>Next Meeting:</p> <p>February 20, 2020</p> <p>The monthly meeting of the Natick Garden Club will be held on Thursday February 20, 2020, at 6:30 pm at the Morse Institute Library 14 E. Central St.</p>	
<p>www.natickgardenclub.org</p>	<p>February 2020</p>

Dates to Remember

Thursday, February 20, 2020 – NGC monthly meeting.

Wed-Sun, March 11-15, 2020 – Boston Flower & Garden Show, Seaport World Trade Center

Thursday, March 19, 2020 – NGC monthly meeting; collection for the Natick Service Council

Wednesday, April 22, 2020 – GCFM Environmental Awareness sponsored Earth Day Workshop

Sunday, April 26, 2020 – Earth Day

Sat-Mon, May 2-4, 2020 – Art in Bloom, Museum of Fine Arts, Boston

Saturday, May 16, 2020 – Summer planting

Saturday, June 8, 2020 – Plant auction and sidewalk sale

February Program

Hardy Succulents of New England *presented by Paul Steen*

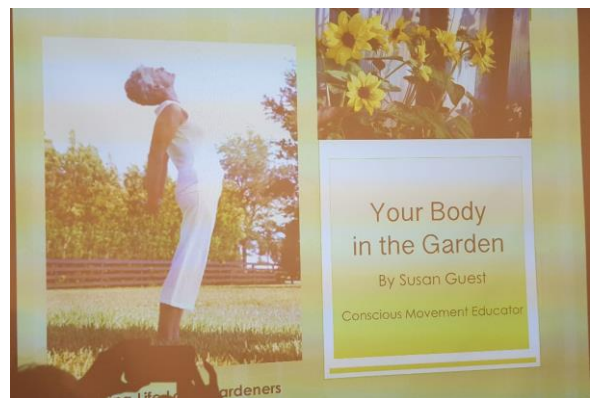
Paul Steen, a retired physician, Master Gardener, and garden speaker with 45 years of gardening experience, will talk to us about succulents and cacti that are hardy to New England. He will explain what is unique about succulents and cacti and what the difference is between the two. Then he will discuss and illustrate the dozens of succulents that grow in New England, including many that are familiar and many that will surprise you.

January Meeting

Your Body in the Garden – Susan Guest



Susan Guest got us all up and moving with her talk "Your Body in the Garden." As a conscious movement educator she led the group in gentle chair exercises to underscore her thesis of gardening being exercise, and as such, the importance of preparing. Gardening, as we well know, helps us increase our strength, agility, stability, flexibility, and mobility. We should always aim to keep our movements in parallel and arms close, with a challenge to ourselves to switch sides. This is better for muscle groups and balance, but also for the neuroplasticity in our brains. Stopping to stretch mid-work is a good idea, as is keeping your wrist aligned on the same plane with your arm. Susan showed a variety of tools of her trade, which have evolved with her as her needs have changed. We can't wait to get moving in the garden again come spring! <http://www.movesensebe.com/about-1/>



News, Notes, and Upcoming Events

Flora in Winter at Worcester Art Museum

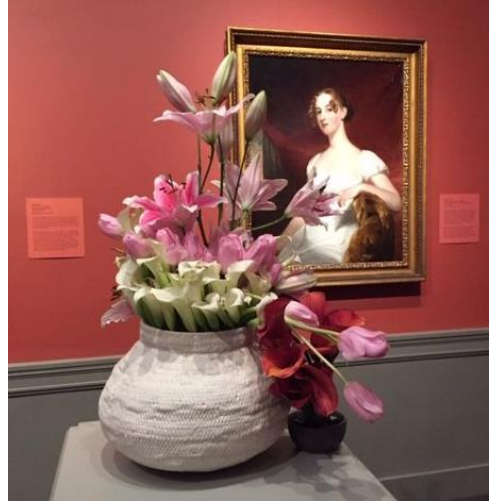
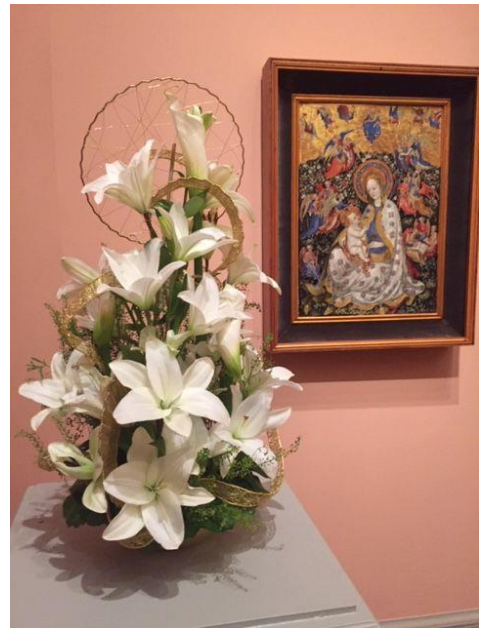


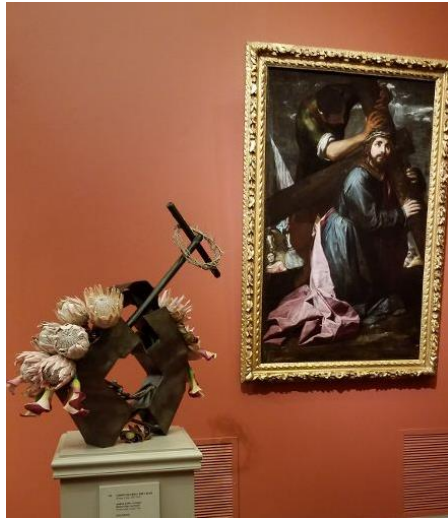
On Sunday, January 26th. We had the pleasure of viewing the stunning exhibit of Flora in Winter at the Worcester Art Museum. We were led through the museum in two groups by two wonderful docents. It was fascinating to learn about the floral designs and the art work that inspired them. Lunch in the museum café was delicious and our members enjoyed the time to get to know each other. Joining us for this trip were Laurie Adelstein, Elizabeth Carroll, Catherine Clifford, Jean Egerhei, Monica Foley, Doris Fina, Kate Greskiuk, Fran Guthrey, Joyce Hannaford, Helen Johnson, Connie Lane, AnnMarie MacKinnon, Terry Monahan, Pat Polimeno, Debby Thompson and Geri Wadness. Thank

you very much to our volunteer drivers Elizabeth Carroll, Doris Fina, Terry Monahan and Pat Polimeno. It was a very enjoyable trip and was many members' first time to the Worcester Art Museum. A true gem that is so close to home.









Penny Pines

Reminder: We will be collecting for this cause again at the February meeting. Each \$68 we collect will purchase a “penny pine plantation”, and we are close to that amount now. The club has designated plantations purchased in the past to remember (Emma Regele) and honor (Shirley Fitzpatrick) long time members.

<http://gardenclub.org/projects/penny-pines.aspx>

Ordering NGC Logo Items at February and March meetings

Alison Parnes will have order forms for logo items at both the February and March meetings.

Items available include:

- Pink short-sleeve polo S-XL \$24, XXL \$26
- Navy short-sleeve polo S-XL \$24, XXL \$26
- Khaki Bucket Hat \$18.50
- Stone Baseball Hat \$15
- Apron \$19
- Tote Bag \$25
- And your own personal items can have a garden club logo as well \$8

Reminder for March meeting Natick Service Council Food Pantry donation

You may want to keep this in mind while shopping for groceries or toiletries in the next few weeks. A non-perishables drive to benefit the Natick Service Council will take place at the March meeting. Personal-size toiletries, hand soap, laundry detergent, and toilet paper are in high demand. Also, foodstuffs such as coffee, breakfast foods, pasta sauce, and healthy snack items are requested to benefit our community. See <https://natickservicecouncil.org/heart-healthy-food-pantry> for the full list.

Mark your calendars for these local events of interest...

Thursday, March 26, 2020 10:30 a.m.

**Landscape Design Council (LDC) & GCFM President Bonnie Rosenthal's Native Plant Challenge
"Designing with Native Plants"**

The Gardens at Elm Bank

900 Washington Street, Wellesley

\$15 – registration required, see flyer attached to this email

Wednesday, April 22, 2020 10 a.m.

GCFM Environmental Awareness sponsored Earth Day Workshop

**Quentin Prideaux on "Climate Change: What it Means for the Northeast" and
Suzanne Mahler on "Native Plants and How to Grow Them"**

The Gardens at Elm Bank

900 Washington Street, Wellesley

\$15 – registration required, <https://www.gcfm.org/environmental-workshop>

And, for other events, classes, or workshops of interest, check these websites....

Arnold Arboretum <https://my.arboretum.harvard.edu/>

Garden Club Federation of Massachusetts <http://www.gcfm.org/Calendar-News/Calendar.aspx>

Garden in the Woods <http://www.newenglandwild.org/learn/our-programs>

Grow Native Massachusetts <https://www.grownativemass.org/>

Massachusetts Horticultural Society <https://www.masshort.org/Events>

Tower Hill Botanic Garden <http://www.towerhillbg.org/index.php/visit/what-s-happening/events-calendar/>

Volunteer Opportunity??

Native Plant Trust is planning for the opening of **Garden in the Woods** in April. Last year visitor tours were in such high demand that more Garden Guides were needed. Please see the flyer attached to this email, which contains volunteer opportunity details, including the link to the simple online application form. Applications are due at the beginning of March, and training starts on March 18.

Useful link(s):

- The UMass Extension Gardener monthly e-Newsletter **Garden Clippings has changed!** In 2020, as we strive to make access to science-based information easier for all, we have combined aspects of Garden Clippings with our Hort Notes newsletter to provide one-stop shopping for all of your educational needs! Hort Notes: Clippings from the Garden is written for landscapers, grounds managers, arborists, and other green industry professionals with the understanding that home gardeners may also look to this publication for information as well. This newsletter will include monthly email alerts to emerging landscape insect and disease problems while providing timely Integrated Pest Management strategies. It will emphasize timely plant health care practices and problem-solving information. You can find Hort Notes: Clippings from the Garden here - <https://ag.umass.edu/landscape/newsletters-updates/hort-notes>
- You can read the latest issue of the Garden Club Federation of Massachusetts' newsletter *The Mayflower* online at <https://www.gcfm.org/mayflower>
- Check the calendar on the Federation's website to see what other clubs are doing, there frequently are open meetings. <http://www.gcfm.org/Calendar-News/Calendar.aspx>
- Here is the latest Newsletter from New England Garden Clubs, see what's going on in other states: [New England Region Newsletter February 2020](#)

Recommended Blogs:

<http://www.enchantedgardensdesign.com/blog/> Jana's blog is always a treat!
The current entry features the Marie Selby Botanical Garden in Sarasota.

<https://awaytogarden.com/> sign up here for Margaret Roach's free email newsletter; she gardens in Copake Falls NY in the Hudson River Valley, zone 5B so her advice is pertinent.

<http://gardenrant.com/> A recent blog pointed to a curated collection of good gardening videos.

You can see them here <https://goodgardeningvideos.org/>

Reminders:

- Vice President Jean Egerhei is now the contact for the NGC Sunshine Fund. If you know of a member who should receive a card from us, (illness, bereavement) please let Jean know at jegerhei@gmail.com or 508-655-7916.
- Recycle gardening magazines, catalogs or books you no longer want by bringing them to the meeting to pass on to club members, or go in the library magazine swap rack.
- Remember if you travel to places of horticultural interest, send your photos to Catherine Clifford at c.clifford90@comcast.net.

Regional Flower & garden shows

Connecticut Flower & Garden Show. Hartford, CT
February 20-23.
www.ctflowershow.com

Philadelphia Flower Show. Philadelphia, PA
Public: February 29 – March 8
www.theflowershow.com

Boston Flower & Garden Show. Boston, MA
March 11-15
www.bostonflowershow.com

The Maine Flower Show. Portland, ME
March 25-29
maineflowershow.com

Newport Flower Show. Newport, RI
June 19-21
newportmansions.org

Branching Out: Get to know your fellow club members

Elizabeth Carroll

Joined September 1998



What kind of gardening do you do? Or prefer?

I do love a more informal cottage style of gardening. My most favorite type of gardening is container gardening. I love doing window boxes, urns and taking quirky found objects and turning them into planters.

When did you start gardening? What drew you to it?

I grew up with a love of nature and the outdoors. My mother was a gardener and I learned a lot from her. In 1994 my husband I and our two daughters moved into our house in Natick. It was the house my husband grew up in. I inherited my mother-in-law's gardens. She had transplanted her mother's peonies from her garden in Newton and I knew that I had to keep them alive! I would say that really started my love and interest in gardening.

What would you like to tell the club about yourself: other passion(s); work (current/former/volunteer); family; gardening credentials; etc.?

My background is in art. My father was a professional artist so I grew up in a very artistic home. I should also mention that I grew up in Natick. I went to art school and have my Bachelor of Fine Arts.

I worked in the custom framing and art gallery world for my career. I think that my background in art influences how I garden. I am also very proud of the logo that I designed for the Natick Garden Club. It gives me great joy to see it used in so many ways. I was so touched when it was put on two baby blankets!

How did you become involved with the Natick Garden Club?

I saw a sign in the library looking for people who were interested in gardening and starting a garden club in Natick. My two children were very young and I thought that this would be a good outlet for me. I could learn about gardening and get out of the house one night a month! I asked my friend Joanne Rampe if she would like to come with me. I am so happy I saw that sign!

Tell us what is most important to you about NGC membership

As a lifelong resident of Natick I love the civic work we do. I am very proud of all the work we do in town. It creates a vibrancy and a sense of joy and pride in our community.

What is one thing you'd like to see the club do that it isn't doing now?

That's a hard question. I think we are pretty amazing! I guess I would love to see more members invite people to see their gardens. I think it's a great opportunity to get to know each other and to learn from each other.

Liane Glenn

Joined September 2019

What kind of gardening do you do? Or prefer?

I love all sorts of gardening - formal, cottage, designing gardens, building gardens, visiting gardens, vegetable gardens, small gardens, residential and commercial gardens, school gardens, succulent gardens, shade / sun gardens, low water gardens, gardening in Southern California and the Northeast, the list could go on...Gardening is fun and a means of creative expression, relaxation, and great joy!



When did you start gardening? What drew you to it?

I was introduced to gardening by my grandmother who helped my sister and me landscape and plant around a backyard playhouse our grandfather built for us. We had fun together gardening.

What would you like to tell the club about yourself: other passion(s); work (current/former/volunteer); family; gardening credentials; etc.?

I have lived most of my life in Southern California where I have tried for years to create gardens similar to the cottage or formal gardens that I visited in England or saw in magazines such as Martha Stewart Living or Southern Living. As an elementary principal in Los Angeles I am most proud of encouraging a school climate where all stakeholders worked collaboratively to create a school with trees, a grass field, and a shaded amphitheater. Children learned about chickens and egg laying, grew cotton plants, enjoyed reading under a tree, and sensed a feeling of community and acceptance. My passion for gardening allowed us to achieve some broad goals to improve our school and encourage community involvement. I also lived for two years in London where I enjoyed taking some landscaping classes.

How did you become involved with the Natick Garden Club?

I think I first saw a small sign on a window box in Downtown Natick or on the Natick Tunnel of Love where the flower boxes were displayed and obviously well maintained by the Club.

Tell us what is most important to you about NGC membership

I look forward to meeting new people in the Natick area. My husband and I married in December 2018 and I moved into Tom's house in Natick. I grew up in Southern California and love living now in New England.

What is one thing you'd like to see the club do that it isn't doing now?

I'm not sure yet of the opportunities associated with the club. So far, I'm impressed! In visiting other cities throughout the country and elsewhere one can quickly notice how the city chooses to emphasize landscaping in their planning. I think a town can make a giant difference if landscaping is optimally incorporated in the city planning. I would like to participate in improving our community.

Our thanks to Laurie Adelstein, Elizabeth Carroll, Liane Glenn, Alison Parnes, Ann Peterson, Pat Polimeno, Judy Sabol, Susan Shipman and Sheila Tiberio for their contributions to this issue.

Catherine Clifford & Kate Grzesiuk